

| | <u>Age</u> | <u>Club</u> | <u>Watch Time</u> | <u>Actual Time</u> |
|-------------------|------------|-------------|-----------------------|------------------------|
| Colette McGrory | L50 | U/A | 57.12 | 50.12 |
| Caryl Anstead | L55 | IOMVAC | 57.27 | 46.42 |
| Terry Bates | M65 | IOMVAC | 60.46 | 50.01 |
| Helen Taylor | L40 | WAC | 60.47 | 43.17 |
| Michael Crook | M50 | WAC | 60.48 | 46.03 |
| Steve Willmott | M55 | IOMVAC | 60.54 | 51.54 |
| Jason Parry | M45 | NAC | 61.04 | 46.19 |
| Karen Smith | L35 | U/A | 61.12 | 44.12 |
| Peter Callin | M40 | WAC | 61.30 | 41.45 |
| Ben Corkill | Senior | MFR | 61.46 | 35.01 |
| Daniel Pownall | Senior | U/A | 61.48 | 38.48 |
| Dave Bignell | M40 | WAC | 61.52 | 36.52 |
| Michael Garrett | M45 | MH | 62.01 | 35.46 |
| Stephen Brown | M55 | IOMVAC | 62.05 | 43.05 |
| Nicola Kennedy | L35 | IOMVAC | 62.08 | 45.08 |
| Russell Collister | M50 | MH | 62.15 | 40.30 |
| Richard Kennedy | M40 | IOMVAC | 62.33 | 40.18 |
| Jamie Newton | M35 | MH | 62.42 | 34.57 |
| John Sansom | M40 | U/A | 62.48 | 45.03 |
| Keith Green | M55 | MH | 63.43 | 55.43 |
| Paul McGilvray | M40 | IOMVAC | 64.08 | 43.53 |
| Sue Ackroyd | L60 | IOMVAC | 66.30 | 63.45 |
| Les Brown | M65 | MH | 66.51 | 52.06 |