

2018 SPRING HANDICAP RESULTS							
5K Walk				10K Run			
Position		H/cap Time	actual	Position		H/cap Time	actual
1	Ian Callister	00:41:50	0:32:13	1	Maureen Oddie	00:51:33	0:48:33
2	Voirrey Earnshaw-Cain	00:42:00	0:32:35	2	Richard Shipway	00:51:43	0:36:43
3	Sylvia Kennaugh	00:42:24	0:37:59	3	Kevin Deakes	00:52:26	0:39:56
4	Colin Moore	00:42:49	0:33:05	4	Terry Bates	00:53:09	0:45:39
5	Sarah Goldsmith	00:42:55	0:42:55	5	Carly Craig	00:54:45	0:40:15
6	Gianni Epifani	00:43:16	0:23:16	6	Jamie Newton	00:54:55	0:34:55
7	Louise Hollings	00:43:21	0:33:21	7	Les Brown	00:55:16	0:47:46
8	Sharon Cain	00:43:35	0:31:41	8	Robbie Lambie	00:56:42	0:46:42
9	Jayne Farquhar	00:43:43	0:30:56	9	Helen Taylor	00:57:54	0:44:24
10	Nick Wallinger	00:44:21	0:37:21	10	Moira Hall	00:57:57	0:57:57
11	Nicola Raven	00:44:30	0:32:35	11	Chris Cale	01:00:08	0:43:08
				12	Caroline Caren	01:01:48	0:48:18
				13	Tadhg O'Mahony	01:02:45	0:47:45
				14	Michael Crook	01:02:56	0:47:56
				15	Jason Parry	01:04:59	0:47:59
				16	Jason Cochrane	01:05:34	0:48:34
				17	Steve Willmott	01:06:27	0:53:57
				18	Keith Green	01:07:26	0:54:56
				19	Geoff Hall	01:10:36	1:03:06
				20	Paul Wheldon	01:12:58	0:53:58
				21	Stephanie Burrell	01:13:20	0:59:50