



ISLE OF MAN VETERAN ATHLETES' CLUB

'AUTUMN HANDICAP'

10K ROAD RUN & 5K RACE WALK

VENUE: National Sports Centre, Perimeter Road, Douglas
Thursday 14 October 2021 Walk 6.30pm – Run 7.20pm

Open to all senior athletes (18+)

Entry Fees: £10.00 (Affiliated to EA) or £13.00 (Unattached)

Free Entry to all IOMVAC Members

Entries close: Midnight, Sunday 10 October 2021

Email entry form to mokelly@manx.net if paying by Bank transfer

Bank details: Sort Code: 30-12.80, Account No: 44787560

or

Make cheques payable to **IOMVAC** and send with this form to:

Mo Kelly, 47 Ballacry Park, Colby IM9 4LX (Tel: 451869)

NO ENTRIES WILL BE ACCEPTED ON THE NIGHT

Bob Skillicorn and Ann Brough Trophies awarded to Isle of Man Veteran Athletes' Club members only.

10K RUN	Please tick here if entering the run This race forms the second leg of the Bob Skillicorn Trophy Competition.		
5K WALK	Please tick here if entering the walk This race forms the second leg of the Ann Brough Trophy Competition.		
Best recent 10K Run time		Event:	
Best recent 5K Walk time		Event:	
If no times are available for race distance please give other distance & time. Or give expected race time. Run/Walk: _____ Time _____			

Name:		Male/Female	
Address:			
Telephone:			
Email:			
IOMVAC member	Yes/ No	If No which athletic club are you a member of:	
Date of Birth:		Age on race day:	

Signed..... Date.....

In entering this event you agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licenses or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.

**RACE REGISTRATION (30 MINUTES BEFORE START) AND POST-RACE REFRESHMENTS AT
MANX HARRIERS CLUBHOUSE**