



# ISLE OF MAN VETERAN ATHLETES' CLUB

## AUTUMN HANDICAP 10K ROAD RUN & 5K RACE WALK

Sponsored by Dursley Stott OBE, Investment Consultant

### ENTRY FORM

To be held at the National Sports Centre, Perimeter Road, Douglas  
Thursday 12 October 2017 at 6.30pm (Walk) and 7.15pm (Run)

Open to all senior athletes

Entry Fee: £4.00 (Athletics Club members) £6.00 (Unattached)

IOMVAC members free entry

**Entries close: Midnight, Sunday 8 October 2017**

Make cheques payable to IOMVAC and send with this form to:

Mo Kelly, 47 Ballacriy Park, Colby, Isle of Man IM9 4LX

**NO ENTRIES WILL BE ACCEPTED ON THE LINE**

10K RUN	<b>Please tick here if entering the run</b> This race forms the second leg of the Bob Skillicorn Trophy Competition	
5K WALK	<b>Please tick here if entering the walk</b> This race forms the second leg of the Ann Brough Trophy Competition	
Start times will be calculated according to 2017 Spring Handicap result. If you didn't compete in the Spring Handicap please submit:		
10K RUN	Best recent 10K time:	Event:
5K WALK	Best recent 5K time:	Event:
If no times available for race distance please give other distance and time, or expected times:		
Run / Walk:		Time:

Name:			
Address:			
Telephone:			
Email:			
IOMVAC Member?	Yes / No If no, which club are you affiliated to:		
Date of Birth:		Age on race day:	

Signed..... Date.....

Race Registration (30 minutes before start) and post race refreshments at Manx Harriers Clubhouse