In cool but calm conditions, 44 competitors turned out for the IOM Veteran Athletes Club Autumn Handicap 10km Run / 5km Walk sponsored by Hansard Global. The line-up consisted of 32 runners and 12 walkers respectively.

First event of the night was the 5km walk which was won by Keith Green with Nick Wallinger and Philip Swales taking 2nd and 3rd places. Gianni Epifani was the fastest outright walker on the night in 25mins 27secs.

The 10km run contained a strong line up featuring Ollie Lockley, Mark Burman, Sam Jones, Stu Osborne and Josh Nights to name a few.

Thomas Burnet took the honours in 1<sup>st</sup> place with Johan and Belinda Ferreiara finishing 2<sup>nd</sup> and 3<sup>rd</sup> respectively.

Ollie Lockley, achieved the fastest time of the night in a lightning time of 29 mins and 55 secs.

There was also some very strong running from the women with Becky Watterson (1st), Kirsty Barber (2nd) and Dawn Atherton (3rd), clinching the Top 3 female places.

The IOM Veteran Athletes Club would like to thank all of the volunteers who organized, supported and took part on the night as well as the staff at the NSC.

Next event is the Syd Quirk Half Marathon, which reached maximum entries very quickly and takes place next month in the South of the Island. For more details, visit the IOMVAC Facebook page or website iomvac.co.uk

For results visit:

https://my.raceresult.com/264431/results