

IOMVAC Autumn Handicap Walk/Run

Thursday 17th October 2024 - Overall Result

Rank	Name	Club	Cat	Laps	Fastest	Average	Result	H-Cap	(Actual)
10km Run									
1st	Alice Atkinson (135)	UN	FSnr	12	3:25	3:49	52m41s	5m0s	47m41s
2nd	Chris Hogben (136)	MFR	M50	12	3:42	3:47	53m43s	6m30s	47m13s
3rd	Peter Callin (146)	WAC	M50	12	3:05	3:13	56m31s	16m30s	40m1s
4th	Steve Willmott (137)	IOMVAC	M60	12	3:52	4:03	56m53s	6m30s	50m23s
5th	Lee Worsfold (148)	IOMVAC	M50	12	2:56	3:07	57m48s	19m0s	38m48s
6th	Johan Ferreira (131)	IOMVAC	M60	12	4:17	4:40	57m50s	0m0s	57m50s
7th	Stephen Schuster (141)	IOMVAC	M35	12	3:25	3:40	58m38s	13m0s	45m38s
8th	Mike Garrett (151)	IOMVAC	M55	12	2:49	2:52	58m41s	23m0s	35m41s
9th	Rebecca Hull (139)	MFR	FSnr	12	3:46	4:02	59m16s	9m0s	50m16s
10th	Paul Jennings (152)	MFR	M40	12	2:51	2:55	59m19s	23m0s	36m19s
11th	Kathy Garrett (143)	IOMVAC	F50	12	3:28	3:33	59m30s	15m15s	44m15s
12th	Christa Cain (153)	IOMVAC	F35	12	2:50	2:55	59m40s	23m15s	36m25s
13th	Paul Rodgers (150)	MH	M40	12	2:58	3:08	59m46s	20m40s	39m6s
14th	Robert Young (147)	IOMVAC	M60	12	3:14	3:22	1h0m12s	18m15s	41m57s
15th	Simon Scott (144)	IOMVAC	M55	12	3:31	3:34	1h0m34s	16m15s	44m19s
16th	Terry Bates (138)	IOMVAC	M70	12	4:08	4:13	1h1m37s	9m0s	52m37s
17th	Tracy McQuillan (130)	UN	F45	12	4:44	5:00	1h1m59s	0m0s	1h1m59s
18th	Rebecca Greatbatch (134)	MFR	FSnr	12	4:24	4:51	1h3m36s	3m30s	1h0m6s
19th	Karen Gadsby (133)	WAC	F45	12	4:53	5:04	1h4m45s	1m40s	1h3m5s
DNF	Owen Dudley (142)	MFR	MSnr	05	3:18	3:31	33m5s	14m0s	19m5s
DNF	Maggie Watkins (140)	MFR	F60	05	4:08	4:15	35m10s	12m0s	23m10s

5km Walk

1st	Sue Ackroyd (87)	IOMVAC	W65	06	6:07	6:18	39m25s	0m0s	39m25s
2nd	Gianni Epifani (400)	MH	M50	06	3:48	3:55	39m37s	15m6s	24m31s
3rd	Stu Osborne (149)	MFR	M35	06	4:02	4:09	39m49s	14m0s	25m49s
4th	Rachel Greham (100)	MH	F40	06	4:33	4:39	40m23s	11m27s	28m56s
5th	Robbie Lambie (94)	WAC	M70	06	5:05	5:11	40m27s	8m10s	32m17s
6th	Phill Swales (98)	NAC	M55	06	4:59	5:05	41m31s	9m54s	31m37s
7th	Louise Hollings (92)	MH	F45	06	5:27	5:32	41m46s	7m12s	34m34s
8th	Maura Kelly (91)	NAC	F55	06	5:29	5:42	41m57s	6m31s	35m26s
9th	Nicola Marshall (97)	MH	F60	06	5:09	5:15	41m59s	9m20s	32m39s
10th	Ian Callister (93)	MH	M70	06	5:29	5:35	42m3s	7m8s	34m55s
11th	Jayne Farquhar (99)	MH	F55	06	4:53	5:03	42m9s	10m47s	31m22s
12th	Neil Wade (500)	MH	MSnr	06	3:54	3:57	42m26s	17m52s	24m34s
13th	Gordon Erskine (89)	UN	M80	06	6:10	6:18	42m27s	3m14s	39m13s
14th	Gerard Hall (88)	UN	M55	06	6:12	6:21	42m31s	2m56s	39m35s
15th	Colin Moore (96)	IOMVAC	M65	06	5:20	5:38	43m26s	8m23s	35m3s

Number of results: 36