



ISLE OF MAN VETERAN ATHLETES' CLUB

'HANSARD GLOBAL AUTUMN HANDICAP'

10K ROAD RUN & 5K RACE WALK

VENUE: National Sports Centre, Perimeter Road, Douglas
Thursday 16th October 2025 at 6.30pm (Walk) and 7.20pm (Run)

Open to all senior athletes (18+)

Entry Fees: FREE for all IOMVAC members, £8.00 affiliated to EA & £10 for non-affiliated.

Entries close: Midnight, Saturday 11th October 2025

Email entry form to metmann@hotmail.com

Entry fees payable by bank transfer only

Bank details: Sort Code: 30-12-80, Account No: 44787560

Cheques and Cash will not be accepted

NO ENTRIES WILL BE ACCEPTED ON THE NIGHT

10K RUN	Please tick here if entering the run This race forms the second leg of the Bob Skillicorn Trophy Competition.		
5K WALK	Please tick here if entering the walk This race forms the second leg of the Ann Brough Trophy Competition. Start		
		Start times will be calculated according to the 2025 Spring Handicap. If you didn't compete in the Spring Handicap, please submit:	
Best recent 10k time		Event:	
Best recent 5k time		Event:	

Name:		Male/Female	
Address:			
Telephone:			
Email:			
IOMVAC member	Yes/ No	If no, which athletic club are you a member of:	
Date of Birth:		Age on race day:	

Signed..... Date.....

In entering this event you agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licenses or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, and age category.

RACE REGISTRATION (30 MINUTES BEFORE START) AND POST-RACE REFRESHMENTS AT MANX HARRIERS CLUBHOUSE