

Isle of Man Veteran Athletes' Club

Affiliated to IOMAA, NEAA & BMAF

Editor: Sarah Goldsmith, 5 Hillside Terrace, Glen Maye, Isle of Man IM5 3BB.
Email: sarah.goldsmith@manx.net Tel: 844343 Texts: 426639
IOMVAC Website: www.iomvac.co.uk

N
e
w
s
i
e
t
t
e
r

J
a
n
u
a
r
y

2
0
0
8

President	Mr Dursley Stott OBE JP	Chairman	Colin Watterson
Hon. Sec.	Lesley Christian	Hon. Treasurer	Gill Churcher
Committee members:	Maureen Cox, Sarah Goldsmith, Mike Gellion, Robbie Lambie, Enid Watson, Jock Waddington		
Race Secretary	Marie Jackson.		
Marathon organiser	Christine Bathgate	Membership Sec.	Peter Cooper
Hon. Auditor	Ian Turnbull	Webmaster	Adrian Cowin
Official course measurer and collator of the Running Shield	Alan Postlethwaite		
Collator of the Racewalking League	Robbie Lambie		

Happy New Year to all members.

Annual General Meeting to be held on Tuesday 29th January 2008 at the Ascot Hotel, Douglas at 7.30 pm. We hope to have a "prototype" high visibility vest for your approval, to be discussed under "Any other business". If we do decide to have a second vest, it may be timely to consider whether it is time to change our Club name in line with the BMAF, and call ourselves "Masters" instead of "Veterans". If you have any views on this (or any other subject) please come along and make yourself heard, or if you cannot attend, send a note expressing your opinion to Lesley Christian, Secretary, at 1 Chester Mews, The Paddocks, Ballasalla, IM9 2DN. Also, if you are available to stand for the committee, please let her know about that in advance, tel: Lesley 829164, or Colin 833655.

Welcome to new members: Sally Walker who is a runner and is doing well in the Ramsey Firemans, and Barry Sykes, also a runner who competed in the Blackrock Autumn Handicap.

Annual Dinner and Presentation of Prizes: Date: Saturday 17 November.

An enjoyable evening was held at the Douglas Golf Club with plenty of good food, wine and dancing. The Chairman thanked all those who had helped during the past year and congratulated those who had recorded successes. The money raised in the raffle was given to the charity for children with Behcet's Syndrome.

The Veterans' Running Shield

1. Allan Pilling 2. Bethany Clague 3. Alan Postlethwaite

The Veterans' Racewalking League

Men: 1. Michael George 2. Jock Waddington 3. Alan Kinvig
Women 1. Jane Mooney 2. Sarah Goldsmith

Sam Robinson Trophy for the 10 mile running championships

Men Alan Postlethwaite Women Liz Corrin

Arthur Currie Trophy for the Veterans' Mile Andy Fox

Bob Skillikorn Trophy for the Spring and Autumn 6 mile runs

Equal First: Mike Gellion and Gill Churcher 3. Alan Postlethwaite

Ann Brough Trophy for the Spring and Autumn 5 km walks

Men Jock Waddington Women Jane Mooney

Track and Field League Men Geoff Hall Women Moira Hall

Fell Runner of the Year Paul Trees (2006) Andy Gosnell (2007)

Brian Doughty Trophy for services to the Club Lesley Christian

Vets in action : Sue Redmayne has rejoined the Club now she is fit again and ran the Amsterdam marathon. Terry Bates ran the New Forest Half Marathon in 90.21 which put him in 49th place out of 1500, and first V55. Terry and his wife Carol are also very active in their local (Guernsey) racewalking scene, recording several wins and places. Rob Sellors ran a PB in the Dublin Marathon in 3:13. New member Debbie Loader ran her first marathon at Dublin in 3:43.44. Kevin Vondy also ran the Dublin marathon, in 2:54.16, making him first British V45. Ray Shooter has completed his 150th marathon at Die Vlake, RSA in 3:53. Alan Postlethwaite is now rated 8th in the UK at the half marathon distance for M60.

The final running shield and racewalking league tables are included with this issue.

The running shield is kindly produced by Alan Postlethwaite (814298) and the walking league by Robbie Lambie (842043). Any queries please contact them direct. **Don't forget your off Island races can count towards the Vets Running Shield.** Send your results to Alan Postlethwaite at the Swallows, Coburn Drive, Ramsey, or email him at alan.linda.pos@talk21.com

Manx Gas Cross Country League

As some of you know, the above IOMAA league is run on the basis of each club taking a turn to organise one event each year. At the moment there is a shortage of helpers on the organisation side, so if you have a few hours to spare to help co-ordinate these events, please contact Bridget Kaneen, tel: 852884.

Flora London Marathon The places this year have been awarded to Phil Motley, Ingrid Sugden and Wendy Sandford. First reserve Lesley Christian; second reserve Chris Cale. Under the rules, a reserve may be substituted until the end of February. The draw took place on Saturday and preference is given to first claim members who have not previously received a Club entry.

Marathon du Pays du Coquelicot

*With my friend Barry Watson (Ex Olympic marathon man and founder of South Kent Harriers) I am contacting running clubs and associations to inform you of the fourth **Poppy Marathon** in the Somme Valley, France. The event is planned for the **14 September 2008** which I know seems a long way off at the moment, but perhaps for your planning and organisation its better to have this information well in advance. The event is unique in France, that is to say 'a charity based event' You can find a lot more information on our web-site, which is in English and French www.somme-marathon.com*

*The 4th Somme Marathon will be run on **Sunday 14 September 2008.***

Our Marathon will begin in the town of Albert and runners will be able to choose between four different races

The full marathon, half Marathon, 10kms, 5kms

Plus in 2008 *hand bike* for able and disabled athletes will participate in the half marathon (see web-site for more info)

*The full and half marathon will take participants over the hallowed ground of the **WWI battlefields** going by sites where soldiers marched and fought in such difficult conditions between 1914 and 1918 running past the Lochnagar Crater, the Thiepval Monument and the **Newfoundland Memorial Park, Canadian Monument**, all in a bid to raise money for Charity. You are sure of a warm welcome here in France; we're just a short drive from Dover.*

Please visit our website in English (or French) for all the information you need to enrol, book accommodation and generally get yourselves prepared.

Thanks and hope to see you soon.

Paul Chaplin

paulchaplin@wanadoo.fr

Paul Chaplin ... Somme Poppy Marathon oo33 322751088

23rd Nike Budapest Half Marathon – 7 September 2008

23rd Plus Budapest Marathon – 5 October 2008

Budapest Marathon Organisation – 1138 – Budapest, Váci út 152. Hungary

Tel: 0036 – 1 – 273 – 0939 Email: Budapest.run@t-online.hu

Club Fixtures for 2008

9 March	20 mile run	21 September	End to End Walk
27 March	Vets Spring handicap	23 October	Vets Autumn handicap
10 August	Marathon and ½ marathon	2 November	Sid Quirk ½ marathon
21 August	Open 20 km walk		

Pull this page out
and pin it to the
kitchen wall



2008 fixtures - provisional

- 1 Jan St Johns Fell race at St Johns Football Club 2 pm Manx Fell Runners
6 Jan HSBC winter walking league 10 km round 4 at Andreas 10 am M Harriers
10 Jan Ramsey Bakery Firemans Run Rd 4 Ramsey 7 pm NAC
20 Jan Manx XC champs and Manx Gas X challenge round 4 Crossags Farm,
Ramsey 2 pm
26 Jan Ken Watterson Greeba Fell race MFR
27 Jan HSBC winter walks round 5 at Ronaldsway 10 am Manx Harriers
- 3 Feb Manx Gas XC round 5 Pulrose golf course 2 pm
7 Feb Ramsey Bakery Firemans runs round 5 Ramsey 7 pm Northern A C
10 Feb HSBC winter walks round 6 NSC 10 am MH
17 Feb NAC cross country Crossags Farm Ramsey 2 pm
24 Feb Arthur Jones Fell race MFR new course tba
- 1 March Manx Harriers Open Walks and 10 km run NSC
6 Mar Ramsey Bakery Firemans runs final round Ramsey 7 pm
9 Mar IOMVAC Leinster Management open 20 mile race NSC
21 – 23 March Easter Athletic Festival
22 Mar Manx Mountain marathon and half marathon
27 Mar Blackrock Veterans Spring Handicap walk and run NSC 6.30 pm
30 Mar HSBC IOM 5k and age group walking champs NSC 10 am MH
- 5 April Sean Craig & Sons Snaefell fell race and junior hill race
11 April HSBC Ramsey Commissioners Park Runs rd 1 Mooragh Park, Ramsey 7 pm NAC
18 April Scott Physiotherapy Dave Philips Road race rd 1 WAC
25 April HSBC Ramsey Park runs rd 2 Mooragh Park 7 pm NAC
- 5 May Peel to Douglas road race Manx Harriers
7th May 20km walking championships
13 May Carraghyn fell race
15 May 5k walk MH
16 May Scott Physiotherapy Dave Philips road race round 2 WAC 7.00 pm
18 May Mannlink Travel Northern 10 Ballacloan 10 am
23 May HSBC Ramsey Commissioners Park runs round 3 NAC Mooragh, Ramsey 7.00 pm
- 4 June 10k track walking and running championships MH NSC
7 June Glen Mona Fell race MFR
13 June HSBC Ramsey Commissioners Park runs rd 4 NAC Mooragh 7:00 pm
21- 22 June CMI Parish walk MH NSC 8:00 am
27 June Scott Physiotherapy Dave Philips Road race round 3 WAC 7:00 pm
June Steve Jacobs Mile MH NSC
- 6 July Ellan Vannin Fell race Tholt-y-will
11 July HSBC Ramsey Commissioners Park runs NAC Mooragh 7:00 pm
17 July St Johns 10k walk MH St Johns 7:00 pm
18 July Scott Physiotherapy Dave Philips Road race round 4 WAC 7:00 pm
22 July North Barrule fell race MFR Ramsey hairpin 7:00 am

*Turnover
for the rest
of the year*

Fixtures 2008, continued.

July IOM Track & Field Championships IOMAA

5 August Scott Physiotherapy Dave Philips road run rd 5 WAC 7 pm
10 August Salclear IOMVAC Marathon and Half marathon Ballacloan, Ramsey 9:00 am
11 August Peel hill race / 5k walking championships WAC Creg Malin, Peel 7:00 pm
15 August Railway line run
16 August Anna Maria Cutillo Foxdale 6 run and walk MH Foxdale School 7:00 pm
31 August Union Mills Garage Open 20k walk IOMVAC NSC 9:00 am

5 Sept Scott Physiotherapy Dave Philips Road race round 6 WAC 7:00 pm
14 Sept Laxey Fell race MFR Glen Ruy Farm 2:00 pm
21 Sept End to End walk IOMVAC Point of Ayre 8:00 am
28 Sept Creg ny Baa fell race MFR

5 October Western 10 mile run and walk 7 WAC Peel 9:30 am
9 October Ramsey Bakery Fireman's Runs round 1NAC Ramsey Fire Station 7:00 pm
9 October Manx Gas Cross Challenge round 1 IOMVAC Nobles Park 2:00 pm
12 October Welbeck Hotel 1 hour walk MH NSC 10:00 am
18 October winter hill run round 1 MFR
23 October Blackrock Vets Autumn handicap IOMVAC NSC 6:30 and 7:15 pm
19 October Northern AC Cross country Crossags Farm 2:00 pm
26 October Winter walking league round 1MH NSC 10:00 am

2 November Haldane Fisher Syd Quirk half marathon run and walk IOMVAC
6 November Ramsey Bakery Fireman's run round 2 NAC Ramsey Fire Station 7:00 pm
6 November Manx Gas Cross challenge round 2 IOMAA
15 Nov Winter Hill run and Junior fell running champs
23 November FPI winter walking league round 2 MH Andreas 10:00 am
23 Nov NAC cross country

4 December Ramsey Bakery Fireman's Run round 3 NAC Ramsey Fire Station 7:00 pm
4 December Manx Gas Cross challenge round 3 NAC
6 December Empire Garage Peel to Douglas walk MH Peel Town Hall
13 December winter hill run round 3 MFR
17th December winter walking league round 3 MH
26th December Millennium way relay race MH Skye Hill 9:30 am

Always check with the local press or the athletics websites prior to the events.

Thanks to BlackRock Fund Managers and Dave Nixon for photocopying
free of charge and help with the posting.