

Name	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	Total	Races
Colin Moore	110	8	110	8							236	
Nick Wallinger	105	4									109	
Ian Callister	100	12									112	

Race 1 - Spring Handicap 5K - 21 March 2019 Race 6 - Autumn Handicap 5K - 17 October 2019
 Race 2 - 10K Championship - 17 March 2019 Race 7 - End to End to Peel - 15 September 2019
 Race 3 - 20K Championship - 8 September 2019 Race 8 - Full End to End - 15 September 2019
 Race 4 - Parish to Peel - 22 June 2019 Race 9 - Western 10 - 6 October 2019
 Race 5 - Parish to Finish - 22 June 2019 Race 10 - Syd Quirk Half-Marathon - 17 November 2019

A Short Race (10r6) and a long race must be included