

| Name | R1 | R2 | R3 | R4 | R5 | R6 | R7 | R8 | R9 | R10 | Total | Races |
|-------------------|-----|----|-----|----|-----|----|-----|----|----|-----|-------|-------|
| Colin Moore | 110 | 8 | 110 | 8 | 88 | 8 | | | | | 332 | 3 |
| Robbie Callister | | | | | 100 | 10 | 110 | 10 | | | 230 | 2 |
| Andrew Titley | | | | | 105 | 6 | 105 | 6 | | | 222 | 2 |
| Ian Callister | 100 | 12 | | | 90 | 12 | | | | | 214 | 2 |
| Werner Alberts | | | | | 99 | 8 | 99 | 8 | | | 214 | 2 |
| Chris Cale | | | | | 100 | 4 | 100 | 4 | | | 208 | 2 |
| Robbie Lambie | | | | | 92 | 10 | 96 | 10 | | | 208 | 2 |
| Nick Wallinger | 105 | 4 | | | 94 | 4 | | | | | 207 | 2 |
| Courteney Heading | | | | | 89 | 10 | 97 | 10 | | | 206 | 2 |
| Tony Mackintosh | | | | | 97 | 4 | 98 | 4 | | | 203 | 2 |
| Andy Green | | | | | 96 | 12 | | | | | 108 | 1 |
| Dudley Butt | | | | | 91 | 14 | | | | | 105 | 1 |
| David Anderson | | | | | 95 | 6 | | | | | 101 | 1 |
| Lee Johnson | | | | | 98 | 2 | | | | | 100 | 1 |
| Andy Baxendale | | | | | 93 | 6 | | | | | 99 | 1 |
| Tadhg O'Mahony | | | | | 87 | 8 | | | | | 95 | 1 |

Race 1 - Spring Handicap 5K - 21 March 2019
Race 2 - 10K Championship - 17 March 2019
Race 3 - 20K Championship - 8 September 2019
Race 4 - Parish to Peel - 22 June 2019
Race 5 - Parish to Finish - 22 June 2019

Race 6 - Autumn Handicap 5K - 17 October 2019
Race 7 - End to End to Peel - 15 September 2019
Race 8 - Full End to End - 15 September 2019
Race 9 - Western 10 - 6 October 2019
Race 10 - Syd Quirk Half-Marathon - 17 November 2019

A Short Race (1or6) and a long race must be included