

# IOMVAC NEWSLETTER

## JANUARY 2010 AND RACE

## REVIEW TO DECEMBER 2009

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JANUARY 2010 AND

NEWSLETTER JAN 2010  
AND RACE REVIEW TO  
DECEMBER 2009

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### Club fixtures for this year

Leinster Management 20 mile run 20 March at NSC  
Blackrock Veterans' Spring Handicap 8 April at NSC  
Salclear IOM Marathon and Half Marathon 8 August at Ballacloan, Ramsey  
Blackrock Veterans' Autumn Handicap 16 September at NSC  
Ramsey Bakery End to End Walk 26 September at Point of Ayre  
Haldane Fisher Syd Quirk Half Marathon 7 November at Ronaldsway Industrial Estate



## HALDANE FISHER SYD QUIRD HALF MARATHON RUN & WALK

*Virgin London Marathon Club  
places this year go to Alan  
Sandford, Tadhg O'Mahoney  
and Sue Furner*

What terrible weather! A quarter of all competitors were non-starters in the torrential rain. Just turn over and go back to sleep, that's the sensible thing to do. The run was won by Lloyd Taggart after Martin Malone mistook the finish line, the two having raced together most of the way. Jackie Lee was the first lady, with Gail Griffiths second. Rob Sellors was the highest placed Club member. The walk was won by Michael George, unstoppable at the moment, with Vinny Lynch a fine second. Sally Walker was the first lady.

### Run Results

4. Rob Sellors	1:23.44
7. Paul Cubbon	1:26.36
8. Russell Collister	1:26.52
11. Kevin Deakes	1:28.55
14. Rob Webb	1:31.09
17. Neil Wilson	1:31.56
18. Gail Griffiths	1:32.29
20. Rob Gillanders	1:35.18
21. Barry Moore	1:35.24
22. Tadhg O'Mahony	1:36.27
23. Robbie Lambie	1:36.39
27. Michael Bonney	1:40.11
28. David Salter	1:40.11
29. Dave Young	1:41.29
41. Geoff Chatwood	1:53.27
42. Eric Lee	1:57.32
43. Moira Hall	1:58.42
45. Alan Pilling	1:59.38
51. Neil Cushing	2:09.07

There was a fairly low turnout of Club members for the walk, which attracted a large number of unattached competitors.

### Walk Results

1. Michael George	1:58.51
2. Vinny Lynch	2:05.43
3. Chris Cale	2:07.58
4. Jock Waddington	2:08.41
7. Andy Green	2:13.20
20. Ian Callister	2:37.13
23. Colin S Moore	2:37.38

## Annual General

### Meeting

This will take place at the Creg na Baa Hotel on Thursday 21st January 2010 at 7.15 pm

Please come along and support the Club, we need your views on current topics.

As usual we are looking for some new members, so why not give it a whirl. Only one meeting per month.

CHIP BAPS have been promised to those who turn up! (I know it's not as good as putting SEX as a headline,)

Agenda is enclosed with this newsletter, some possibly contentious issues, come along and put your ideas for-

I hope to have the fixtures in next month's newsletter along with your subscriptions form.

## LUCKY 13TH WIN FOR STEVE IN PEEL TO DOUGLAS WALK

Multiply Commonwealth Games competitor Steve Partington proved he still had his old racewalking skills when he won his 13th Peel to Douglas in 1:20.55. A still on-form Michael George walked a pb for second with Jock Waddington third. Six of the top ten were Club members with 10th finisher Robbie

Lambie, a previous winner, making a welcome return to racewalking. First lady finisher was Judith Quane in 12th. 63 competitors started the race. The judges were out in force, as they should be, and several "yellow cards" were shown.

2. Michael George	1:21.47
3. Jock Waddington	1:26.52
4. Sean Hands	1:28.21
6. Vinny Lynch	1:31.04
7. Chris Cale	1:32.21
10. Robbie Lambie	1:36.12
20. Dave Corrin	1:45.19
26. Doug Corkill	1:49.03
29. John Robinson	1:50.19
34. Colin Moore	1:55.24
38. Ian Callister	1:57.06
56. Henry de Silva	2:10.29

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## NAC RAMSEY FIREMENS' HANDICAP SERIES

The popularity of this series is shown by the fact that 99 competitors took part in the first race, which had a mass start. Subsequent races are handicapped.

## Results 8 October

## Three laps—mass start

2. Kevin Vondy	29.23
3. Robbie Callister	29.35
4. Kevin Deakes	30.23
13. Barry Moore	32.30
15. Rob Webb	33.00
16. Stephen Brown	33.11
26. David Doyle	35.59

29. Michael Bonney	36.27
32. Dave Corrin	36.41
43. Ian Callister	38.14
44. Les Brown	38.20
45. Justine Bowen	38.20
47. Alan Pilling	39.26
48. Geoff Chatwook	39.30
51. Martin Bell	41.24
55. Steve Wilmott	43.50
56. Geoff Hall	44.41
=Moir Hall	
58. Lynn Quine	46.38
= Dave Quine	

(Did the last two couples run holding hands?)

## One lap—8 October

2. Chris Cale	10.23
13. Alan Postlethwaite	12.17
16. Marie Jackson	12.58
30. Maureen Kelly	16.15
37= Arnie Jacobs	19.56

## One lap—12 November

## Actual times

3. Eddie Brew	15.23
13. Marie Jackson	12.49
23. Chris Cale	10.29
24. Sue Ackroyd	15.30
30. Claire Hulme	17.29

Well done Gail Griffiths on winning gold at the Lancashire Cross Country Championships on Saturday

One lap—3 December  
Actual times

5. Eddie Brew	14.55
14. Sue Ackroyd	15.29
15. Chris Cale	10.31
18. Maureen Kelly	16.36

Round Four due to be held Thursday 7 Jan is now to be run on 14 January, weather permitting.

## Club Contacts

Secretary  
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My own details are on the front page.

## RAMSEY FIREMENS' CONTINUED

Three laps—12 November  
Actual times

1. Rob Gillanders	30.58
2. Martin Bell	38.53
5. Alison Corlett	46.28
6. Moira Hall	42.25
14. Alan Postlethwaite	33.25
19. David Doyle	35.15
25. Ian Callister	38.26
26. Les Brown	38.27
27. Justine Bowen	38.29
28. Steve Wilmott	44.11
30. Kevin Vondy	29.52
31. Kevin Deakes	30.53
33. Dave Corrin	36.57

35. Geoff Hall	45.03
37. Phil Motley	32.25
38. Stan Hall	38.51
39. Alan Pilling	40.13
46. Mike Gellion	32.16

## Three laps—3 December

## Actual times

4. Les Brown	36.55
7. Geoff Chatwood	38.07
8. Alan Postlethwaite	34.12
9. Steve Wilmott	42.46
10. Martin Bell	37.56
12. Mike Gellion	33.45
13. Moira Hall	41.48

22. Dave Corrin	36.30
25. Justine Bowen	38.20
26. Rob Webb	33.04
31. Barry Moore	32.43
33. Alan Pilling	39.53
34. Stephen brown	33.44
41. David Doyle	36.19
42. Kevin Vondy	30.46
45. Rob Gillanders	35.04
46. Geoff Hall	46.47
49. Kevin Deakes	33.01
50. Ian Callister	41.28

Round one was held at Glen Lough Campsite, Glen Vine. 129 competitors turned out to tackle the course with multiple crossings of the stream per lap.

## Senior / Veteran Men

8. Andy Fox	34.17
11. Russell Collister	34.50
14. James Bishop	35.47
16. Michael George	38.14
19. Peter Cooper	39.16
20. Lewis Veale	39.39
23. Barry Moore	41.10
25. Ian Callister	43.19
27. Alan Pilling	46.33
29. Doug Corkill	48.24
30. Eric Lee	48.49

## MANX GAS CROSS COUNTRY CHALLENGE

## Senior/Veteran women

2. Gail Griffiths	24.27
5. Jan Gledhill	31.55
6. Bethany Clague	35.15

## Short Course

8. Marie Jackson	15.25
10. Bridget Kaneen	16.31

## Round Two held at Nobles Park on 20 November

## Senior / Veteran Men

8. Andy Fox	39.40
10. Russell Collister	40.56
17. Michael George	43.43
19. Peter Kaneen	44.34
20. Peter Cooper	44.38

21. Lewis Veale	45.24
22. Barry Moore	45.47
23. Chris Cale	46.33
24. Phil Motley	46.43
27. Dave Newton	47.58
32. Alan Pilling	50.52
34. Ian Callister	55.39
35. Eric Lee	55.59

## Women

1. Gail Griffiths	
4. Vinny Lynch	14.55
10. Marie Jackson	17.45
13. Bridget Kaneen	18.23
16. Liz Corran	19.01

## Round Three at Crossags Farm, Ramsey on 6 Dec.

9. Andy Fox	33.09
11. Russell Collister	33.34
15. Peter Kaneen	36.26
16. Michael George	37.00
17. Lewis Veale	37.10
18. Phil Motley	37.33
19. Barry Moore	38.18
22. Alan Pilling	42.53
24. Eric Lee	46.02
Women: Jan Gledhill	29.45

## Short course

5. Vinny Lynch	12.19
7. Bridget Kaneen	13.52
8. Marie Jackson	14.24
11. Jackie Moore	16.27

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A large contingent of Club runners is heading for York at the end of the month for the Brass Monkeys Half Marathon. They are: Mo and Alan Kelly, Geoff and Moira Hall, Sue Ackroyd, Ingrid Sugden, Catriona Farrant, Rob Gillanders, Les Brown, Barry and Julie Moore, Justine Bowen, Claire Hulme, Vera Jones and Lesley Christian.

The raffle at the Annual Dinner raised £140 for the Hyperbaric Chamber.

## HSBC SECURITIES SERVICES WINTER WALKING LEAGUE

The first round of this series was held on the TT Access Road due to work being done at the NSC. There was a mass start. 10km

2. Sean Hands	54.28
3. Jock Waddington	54.56
4. Vinny Lynch	55.55
5. Andy Green	56.26
8. Michael Bonney	60.52
10. Les Brown	64.33
11. Doug Corkill	65.07
15. John Robinson	67.45
24. John Stubbs	70.00
25. Colin Moore	70.09
49. Debbie Loader	80.52
5km 5. Sue Ackroyd	38.02

Round two held at Andreas on 22 November. The race was handicapped - actual times are given

10 km	
14. John Robinson	1:05.18
17. Marie Jackson	57.12
22. Colin Moore	1:08.56
35. Sean Hands	54.04
40. Dave Corrin	1:06.12
41. Jock Waddington	55.35
42. Chris Cale	55.44
46. Simon Cox	62.00
48. Ian Callister	65.09
49. Michael George	52.58

Round three was cancelled due to bad weather.

Welcome to new members: Donna Crellin a runner; Angus Lamming a keen walker and cyclist who has joined to keep his wife company; Janette Gledhill a runner who is taking part in the cross countries; and a welcome back to Gareth Evans a runner, Parish Walker and long distance enthusiast.

## Dublin Marathon

Several of our members run Dublin each year: The times I have are:  
Kevin Vondy 2:57.36  
Tadhg O'Mahoney 3:47.48  
Dave Tasker 4:55

Peter McElroy is finally retiring after a long career in journalism. Formerly a serious athlete and now President of the Old Gits' Club, how will we know what is going on without his Chit Chat column?

Thank you for Blackrock for photocopying free of charge. They are now settled in their new offices at Atlantic House, Circular Road.

## ANNUAL PRESENTATION DINNER—TROPHY WINNERS

An enjoyable evening was held at the Glen Helen Hotel.

Race Walking League - Men

1st Jock Waddington

2nd Michael George

3rd Henry de Silva

No ladies qualified this year.

Bob Skillicorn Trophy for Spring and Autumn Handicap Runs

Men — Kevin Deakes

Women — Debbie Loader

Ann Brough Spring and Autumn Handicap Walks

Men—Joint winners

Colin Brown and Ian Callister

Women

Lisa Motley

Track and Field

Men—Geoff Hall

Women—Moira Hall

Veterans' Mile

Andy Fox

Sam Robinson Trophy for 10 mile run

Men—Kevin Deakes

Women—Gail Griffiths

Road Running Shield

1. Richard Radcliffe

2. Kevin Deakes

3. Moira Hall

Fell Runner of the Year

2008 Rob Sellors

2009 Alan Sandford

Brian Doughty Trophy

for services to the Club

Sarah Goldsmith

## WINTER HILL LEAGUE RACES

First round held at Glen Roy on 17 October.

13. Alan Sandford	17.44
19. Peter Cooper	19.14
20. Lewis Veale	19.16
25. Ian Callister	20.01
27. Dave Young	20.08
29. Barry Moore	20.33
30. Ken Watterson	20.50
34. Christine O'Shea	22.28
36. Alan Pilling	23.04
38. Lorraine Stigant	23.21
40. Eric Lee	24.01
41. Geoff Hall	24.36
43. Dave Quine	24.55
46. Alison Corlett	27.58

Second Round held at Peel Hill on 7 November

11. Peter Kaneen	26.31
15. Alan Sandford	27.07
17. Peter Cooper	27.41
18. Lewis Veale	27.59
21. Dave Young	28.47
27. Barry Moore	29.36
29. Rob Gillanders	30.01
30. Ian Callister	30.51
31. Justine Bowen	30.53
36. Les Brown	32.31
38. Christine O'Shea	33.14
39. Alan Pilling	33.19
42. Simon Cox	34.04
43. Lorraine Stigant	34.36

44. Jan Gledhill	34.43
45. Bridget Kaneen	35.04
47. Eric Lee	35.33
49. Geoff Hall	36.29
51. Dave Quine	36.50
55. Alison Corlett	39.45

Third Round held at Slieau Whallian, St Johns on 12 December

6. Rob Sellors	21.42
21. Dave Young	24.18
25. Peter Cooper	26.33
28. Barry Moore	26.47
30. Ian Callister	27.32
33. Christine O'Shea	29.29

35. Alan Pilling	30.06
37. Jan Gledhill	30.34
39. Lorraine Stigant	30.57
40. Eric Lee	33.18
42. Dave Quine	33.49
43. Geoff Hall	34.10
46. Alison Corlett	36.37

Overall league positions

13 Dave Young
14 Peter Cooper
17 Barry Moore
18 Ian Callister
21 Christine O'Shea
22 Alan Pilling
23 Lorraine Stigant