

Isle of Man Veteran Athletes' Club														
Road Running Shield - 2019														
Name	Group 0		Group 1			Group 2		Group 3		Group 4		Runs	Total	
	3-3.99 Miles	Best Ramsey Park	4 to 9.99 Miles	Best Dave Phillips	Best Ramsey Firemans	10 to 12.49 Miles	12.5 to 17.49 Miles	17.5 to Marathon						
Jayne Farquhar	-2.86	-3.53	-0.04	-6.09		-3.07	-5.85			2.52	-2.81	6	-9.79	
Helen Taylor			2.49	3.86		3.13	4.87	5.40	7.69	6.73	8.81	9.69	6	43.19
Terry Bates	8.96		-1.45				2.89	0.17	2.36	-2.77			6	10.16
Kathy Lane		-6.74	-7.30	-6.23		-2.63	2.14	0.72	3.85	5.77			6	3.11
Alan Pilling		-14.63	-26.57	-21.75	-30.09	-18.26	-31.46	-30.21	-28.09	-38.26			6	-144.40
Sarah Webster			12.63	0.15					19.19	18.71	30.26		5	80.94
Moira Hall			-2.34	-2.07	-1.46		-5.96	-6.52	0.47				5	-17.88
Les Brown		-10.70	-3.57		-8.36		-0.68		-18.03				5	-41.34
Brian Butler			-8.43	-10.07			-12.46		-6.48		-10.79		5	-48.23
Denise Gimbert	-5.82		-9.81	-19.44					-21.33	-24.96			5	-81.36
Gail Griffiths	20.26		18.33	16.25		9.96	18.16						4	82.96
Richard Shipway			7.80	6.59			6.12				10.96		4	31.47
Clive Dugdale			-3.92						0.21	1.17	0.49		4	-2.05
Bernie Johnson						-13.00	-14.64		-5.26		-3.65		4	-36.55
Andrew Lodge					-12.10		-14.94	-14.13	-7.87				4	-49.04
Steve Willmott		-27.57	-22.61			-14.51			-14.29				4	-78.98
Sue Ackroyd			-54.11				-33.36		-30.87	-26.08			4	-144.42
Geoff Hall			-35.61	-43.16			-32.49	-34.60	-38.24				4	-184.10
Catriona Farrant			-73.72	-64.42					-70.37	-60.19			4	-268.70
Mike Garrett			11.91			13.36			17.02				3	42.29
Caroline Mayers	15.11		11.88			5.81							3	32.80
Kevin Deakes			5.88	3.75	2.65	3.41			7.60				3	23.29
Dave Corrin		2.09			-2.08	3.04							3	3.05
Alan Postlethwaite		1.24	-1.73			-1.95							3	-2.44
Stephen Brown		2.09	-2.00			-5.97							3	-5.88
Karen Lawrie			-22.00	21.04							-30.57		3	-31.53
David Anderson	-14.43	-22.07	-25.62										3	-62.12
Ian Callister			-9.15	-17.24	-10.78	-9.92	-19.95						3	-67.04
Alison Corlett			-32.72	-30.43					-29.35				3	-92.50
Dave Lawrie			-34.50				-37.33		-31.91				3	-103.74
Mo Kelly							-33.36		-33.05	-46.61			3	-113.02
Charlie Elliott			-34.20	-35.40	-29.25				-29.40				3	-128.25
Nhlanhla Nzama			4.32						0.10		2.34		2	6.76
David Craine						-12.58			-10.64				2	-23.22
Jennifer Houghton									-15.93	-23.00			2	-38.93
Ian Dunbar			-18.69								-23.59		2	-42.28
Sharon Cain	-28.97		-30.42										2	-59.39
Louise Hollings	-27.71		-35.84										2	-63.55
Andy Fox						11.49							1	11.49
Dawn Yates									0.84		6.85		1	7.69
Robbie Lambie	2.17												1	2.17
Chris Cale									0.10				1	0.10
Lee Johnson									-1.16				1	-1.16
Maggie Watkins									-1.27				1	-1.27
Christine O'Hanlon		-2.75											1	-2.75
Nick Watterson							-4.68						1	-4.68
Michelle Turner			-6.89										1	-6.89
Phil Motley						-7.07							1	-7.07
Caryl Anstead	-12.08												1	-12.08
Ian Hughes									-13.45				1	-13.45
Nicola Raven	-17.20												1	-17.20
Dudley Butt									-27.27				1	-27.27
Ranald Caldwell			-27.40										1	-27.40
Vera Jones									-49.42				1	-49.42
Miriam Kelly									-50.46				1	-50.46
Kerry Thompson									-58.59				1	-58.59