

Isle of Man Veteran Athletes' Club

Road Running Shield - 2019

	Off-Island Events											
	Group 0		Group 1		Group 2		Group 3		Group 4			
Name	3-3.99 Miles		4 to 9.99 Miles		10 to 12.49 Miles		12.5 to 17.49 Miles		17.5 to Marathon		Total	No of Runs
Alan Pilling	-25.16	-25.16	-26.57	-30.31							-107.20	4
David Anderson	-14.43	-22.07	-25.62								-62.12	3
Richard Shipway			6.59	7.80					z		14.39	3
Gail Griffiths	20.26		16.25	18.33							54.84	3
Charlie Elliott			-34.20	-40.32							-74.52	2
Louise Hollings	-27.71			-35.84							-63.55	2
Sharon Cain	-28.97			-30.42							-59.39	2
Brian Butler			-17.99							-12.27	-30.26	2
Denise Gimbert	-5.82			-9.81							-15.63	2
Les Brown			-3.57	-8.36							-11.93	2
Kevin Deakes			1.41	-7.70							-6.29	2
Jayne Farquhar	2.86			-0.04							2.82	2
Caroline Mayers	15.11		11.88								26.99	2
Jackie Moore										-49.92	-49.92	1
Ranald Caldwell			-27.40								-27.40	1
John Sherrocks			-25.28								-25.28	1
Ian Callister			-19.75								-19.75	1
Ian Dunbar			-18.69								-18.69	1
Dave Correin			-18.29								-18.29	1
Nicola Raven	-17.20										-17.20	1
Neil Vondy			-10.88								-10.88	1
Michelle Turner				-6.89							-6.89	1
Moira Hall			-5.45								-5.45	1
Clive Dugdale			-3.92								-3.92	1
Christine O'Hanlon	-2.75										-2.75	1
Robbie Lambie	2.17										2.17	1
Nhlanhla Nzama			4.32								4.32	1
Terry Bates	8.96										8.96	1
Caryl Anstead	12.08										12.08	1
Sarah Webster										33.23	33.23	1