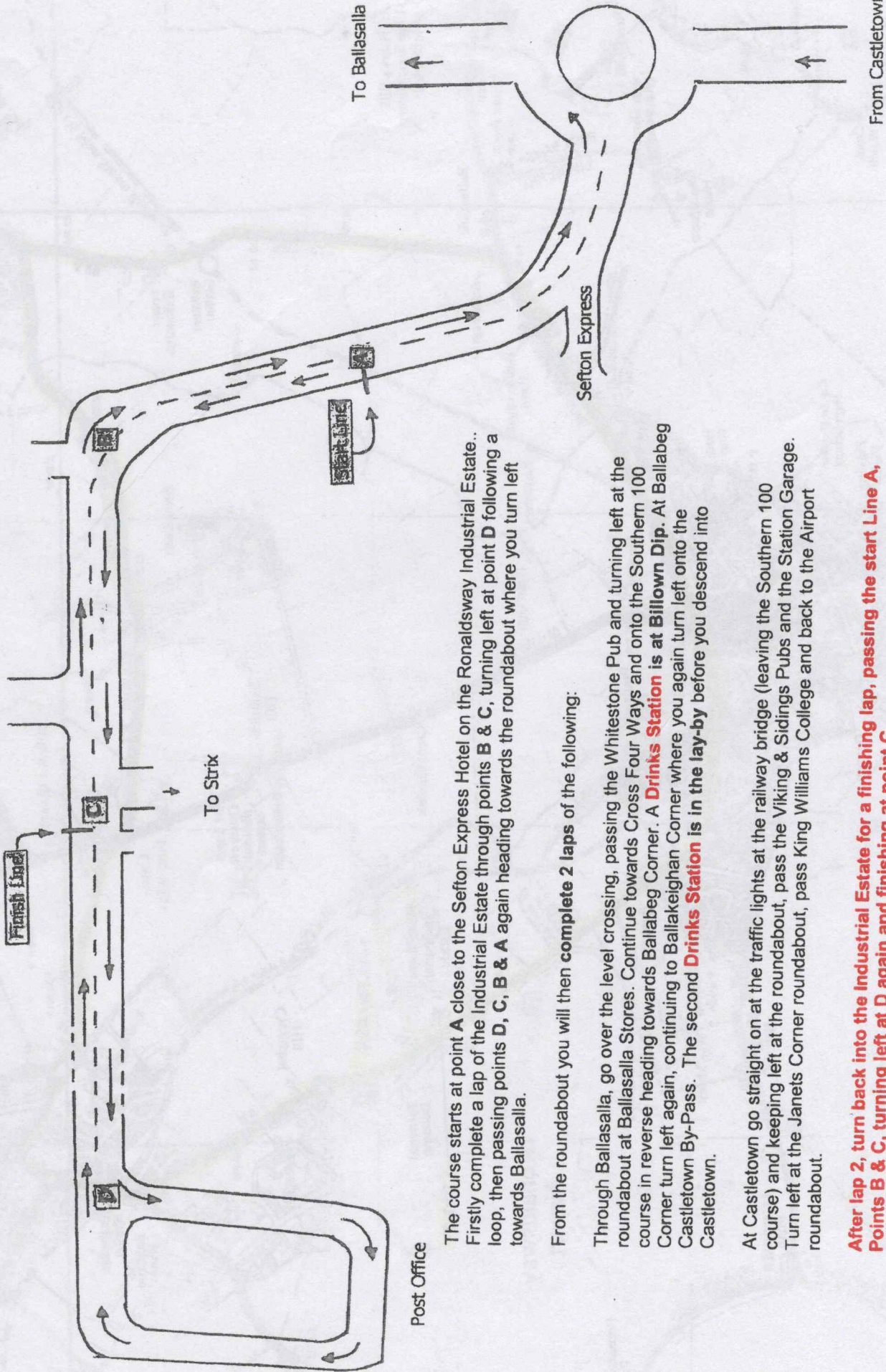


Syd Quirk Half Marathon Course



The course starts at point **A** close to the Sefton Express Hotel on the Ronaldsway Industrial Estate.. Firstly complete a lap of the Industrial Estate through points **B & C**, turning left at point **D** following a loop, then passing points **D, C, B & A** again heading towards the roundabout where you turn left towards Ballasalla.

From the roundabout you will then **complete 2 laps** of the following:

Through Ballasalla, go over the level crossing, passing the Whitestone Pub and turning left at the roundabout at Ballasalla Stores. Continue towards Cross Four Ways and onto the Southern 100 course in reverse heading towards Ballabeg Corner. A **Drinks Station is at Billown Dip**. At Ballabeg Corner turn left again, continuing to Ballakeighan Corner where you again turn left onto the Castletown By-Pass. The second **Drinks Station is in the lay-by** before you descend into Castletown.

At Castletown go straight on at the traffic lights at the railway bridge (leaving the Southern 100 course) and keeping left at the roundabout, pass the Viking & Sidings Pubs and the Station Garage. Turn left at the Janets Corner roundabout, pass King Williams College and back to the Airport roundabout.

After lap 2, turn back into the Industrial Estate for a finishing lap, passing the start Line A, Points B & C, turning left at D again and finishing at point C.