

In ideal weather conditions, our Spring Handicap races were held on the NSC perimeter roadway last night (Thursday 16 March). The handicap start times were calculated on age and gender, meaning that the older athletes started first giving the younger competitors something to chase down. There were some excellent racing and superb times in the walk and the run, with prizes awarded to the first three over the line in both races.

The 5K walk was won by Maura Kelly, with Andy Green in second place, and Sharon Cain third. Fastest walker on the night was Sam Fletcher in 27mins06mins closely followed by Tony Edwards just 50 seconds behind. Fastest lady was Jayne Farquhar in 30mins36seconds.

The 10K run was won by Robbie Callister, Maureen Oddie was second and Mike Garrett third. Mike Garrett was fastest on the night in an excellent time of 34mins41secs just 12 seconds faster than Jamie Newton. Fastest lady was Sarah Webster in 4th place in 38mins20seconds.

Full Results and photographs are available on the club website and facebook page.

The Club would like to thank the sponsor, Dursley Stott, all marshals, lap counters, walk judges, the time-keeper and the tea-lady for the wonderful refreshments. Thanks also to all the spectators who added to the atmosphere for this popular event.

Hope to see you all at the Easter Festival of Running – remember the entry fee cost will be refunded to all First Claim members.

Kind Regards

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