



**ISLE OF MAN VETERAN ATHLETES' CLUB**  
Presents

**SPRING HANDICAP**  
**10K ROAD RUN & 5K RACE WALK**  
Sponsored by Dursley Stott OBE, Investment Consultant  
**ENTRY FORM**

**To be held at the National Sports Centre, Perimeter Road, Douglas  
Thursday 16 March 2017 at 6.30pm (Walk) and 7.15pm (Run)**

Open to all senior athletes (18+)  
Entry Fee: £4.00 (Athletics Club members) £6.00 (Unattached)  
IOMVAC members free entry

**Entries close: Midnight, Sunday 12 March 2017**

Make cheques payable to IOMVAC and send with this form to:  
Terry Bates, 48 High View Road, Douglas, IM2 5BJ

**NO ENTRIES WILL BE ACCEPTED ON THE LINE**

<b>10K RUN</b>	<b>Please tick here if entering the run</b> This race forms the first leg of the Bob Skillicorn Trophy Competition	
<b>5K WALK</b>	<b>Please tick here if entering the walk</b> This race forms the first leg of the Ann Brough Trophy Competition	
	Start times will be calculated according to Age and Gender	

Name:			
Address:			
Telephone:			
Email:			
IOMVAC member	Yes/ No	If No which athletic club are you a member of:	
Date of Birth:		Age on race day:	

Signed..... Date.....

Race Registration (30 minutes before start) and post race refreshments at  
Manx Harriers Clubhouse