



ISLE OF MAN VETERAN ATHLETES' CLUB

Presents

SPRING HANDICAP 10K ROAD RUN & 5K RACE WALK

Sponsored by Dursley Stott OBE, Investment Consultant

ENTRY FORM

**To be held at the National Sports Centre, Perimeter Road, Douglas
Thursday 16 March 2017 at 6.30pm (Walk) and 7.15pm (Run)**

Open to all senior athletes (18+)
Entry Fee: £4.00 (Athletics Club members) £6.00 (Unattached)
IOMVAC members free entry

Entries close: Midnight, Sunday 12 March 2017

Make cheques payable to IOMVAC and send with this form to:
Terry Bates, 48 High View Road, Douglas, IM2 5BJ

NO ENTRIES WILL BE ACCEPTED ON THE LINE

10K RUN	Please tick here if entering the run This race forms the first leg of the Bob Skillicorn Trophy Competition	
5K WALK	Please tick here if entering the walk This race forms the first leg of the Ann Brough Trophy Competition	
Start times will be calculated according to Age and Gender		

Name:			
Address:			
Telephone:			
Email:			
IOMVAC member	Yes/ No	If No which athletic club are you a member of:	
Date of Birth:		Age on race day:	

Signed..... Date.....

Race Registration (30 minutes before start) and post race refreshments at
Manx Harriers Clubhouse