

Dear Member

**Dursley Stott Spring Handicap 10K Run & 5K Walk, Thursday 16 March 2017**

Entry form sent by e-mail and on the IOMVAC website for the annual Dursley Stott Spring Handicap Races.

The Handicap Races are held each Spring and Autumn with the combined results of club members used for the Bob Skillicorn (Run) Trophy and the Ann Brough (Walk) Trophy.

The handicap start times for the Spring races are calculated according to age and gender.

There is NO ENTRY FEE for IOMVAC members who have renewed their membership, but the Races are open to all Seniors & Veterans so get your entry form in and bring along your spouse, partner, colleagues and friends.

PRIZES for the first three over the line.

Signing On and Refreshments at Manx Harriers Clubhouse.

If not competing, please come along to support the club and the athletes taking part.

See you all there.

Mo Kelly

Hon. Secretary

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