

Spring Handicap Walk
NSC 8th April 2010

Pos	No	Name	Start Time	Total Time	Actual Time
1	192	Jock Waddington	9. 25	34. 26	25. 01
2	197	Colin Moore	1. 50	34. 37	32. 47
3	195	Dave Mackey	5. 05	34. 45	29. 40
4	193	Vinny Lynch	7. 16	35. 03	27. 47
5	191	Sean Hands	9. 50	35. 05	25. 55
6	190	Michael George	10. 50	35. 14	24. 24
7	198	Christina Twizle	0. 03	35. 21	35. 18
8	196	Terri Salmon	4. 03	35. 25	31. 22
9	199	Henry De Silva	0. 00	37. 03	37. 03
10	194	Ian Callister	5.53	39. 26	33. 33

Spring Handicap Run
NSC 8th April 2010

Pos	No	Name	Age Cat	Start Time	Total Time	Actual Time
1	152	Kevin Vondy	M50	9. 00	45. 32	36. 32
2	153	Mike Gellion	M55	6. 30	46. 07	40. 37
3	144	Moira Hall	W55	0. 00	47. 42	47. 42
4	157	Paul Cubbon	M45	10. 30	48. 00	37. 30
5	145	Martin Bell	M60	4. 00	48. 07	44. 07
6	156	Rob Gillanders	M45	10. 30	49. 48	39. 18
7	154	Stephen Brown	M45	10. 30	51. 30	41. 00
8	146	Alan Pilling	M60	4. 00	52. 47	48. 47
9	160	Barry Moore	M35	13. 30	52. 52	39. 22
10	151	Jackie Moore	W40	7. 00	55. 22	48. 22
11	148	Roger Moughtin	M55	6. 30	56. 13	49. 43
12	149	Geoff Hall	M55	6. 30	58. 56	52. 26
13	155	Steve Wilmott	M45	10. 30	60. 30	55. 00