

Well done to everyone who completed the veterans' mile. A real pleasure to see Doug Sandle on the Island in time to present the trophy, which he donated for the race, to the winner Mike Garrett.

Provisional results

Mike Garret M45 4.49.9

Paul Rodgers M35 4.55.3

Neil Vondy M50 5.21.6

Andy Fox M55 5.38.3

Gail Griffiths W50 5.39.9

Robbie Callister M60 5.47.2

Kevin Vondy M55 5.48.8

Terry Bates M65 6.23.5

Peter Cooper M65 6.30.2

Doug Sandle M70 8.54.7

Sue Ackroyd W55 9.38.8

Mo Kelly W60 10.11.8

Ruth Douthwaite W55 10.35.6

Ingrid Sugdon W60 10.56.9

Amie Jacobs M75 11.10.2

