

			G0	G0	G1	G1	G2	G2	G3	G3	G4	G4	Total points to date	Position
<i>To qualify, a run from each group is compulsory with a further run from any group (6 to count)</i>														
ISLE OF MAN VETERAN ATHLETES' CLUB ROAD RUNNING SHIELD 2022														
Richard	Shipway	M	19.62			19.62						22.88	39.24	1
Gail	Sheeley	F	13.60		10.07								23.67	2
Helen	Taylor	F	4.44								14.43		18.87	3
Matt	Callister	M		5.69	7.78								13.47	4
Terence	Bates	M	7.99								0.40		8.39	5
Jayne	Farquhar	F		1.89	-0.52						2.67		4.04	6
Marie	Jackson	F	2.20										2.20	7
Stephen	Brown	M		-0.54									-0.54	8
Dawn	Atherton	F		-4.69	-1.23						1.00		-4.92	9
Peter	Callin	M	-6.86		0.92								-5.94	10
Denise	Gimbert	F	-7.23										-7.23	11
Ranald	Caldwell	M	-5.76			-9.43							-15.19	12
Belindie	Ferreira	F	-20.56										-20.56	13
Petrus	Ferreira	M	-33.70										-33.70	14
Nicola	Raven	F	-17.67		-23.79								-41.46	15
Steve	Willmott	M	-12.68			-9.56					-23.28		-45.52	16
Dave	Lawrie	M	-21.75		-27.87								-49.62	17
Karen	Gadsby	F		-41.17	-42.53								-83.70	18

Group 0	Ramsey Park run 3 laps Easter Festival 5k	Group 2	Western 10 Northern 10
Group 1	Dave Phillips Mem 2 laps Northern 10K Manx Harriers 10k Foxdale 5 Ramsey Firemans (Oct/Nov/Dec) Spring/Autumn Handicap Easter Festival 10k	Group 3	Syd Quirk half marathon IOM half marathon Ramsey
		Group 4	IOMVAC 20 mile (NSC) IOM Marathon Ramsey