

Name	RACE 1		RACE 2		RACE 3		RACE 4		RACE 5		RACE 6		RACE 7		RACE 8		RACE 9		RACE 10		Total Points	Races	Total of Best 4 Races (*)	Final League Position
	Points	Age	Points	Age	Points	Age	Points	Age	Points	Age	Points	Age	Points	Age	Points	Age	Points	Age	Points	Age				
Colin Moore	105	10	110	10			99	10			110	10	100	10	105	10			110	10	809	7	475	1st
Nick Wallinger											100	6	105	6			105	6	105	6	439	4	439	2nd
Ian Callister	110	12	105	12							105	12					100	14			470	4		No Long Race
Sean Hands													110	10	110	10					240	2		No Short Race
Andrew Titley							110	8	110	8											236	2		No Short Race
Chris Cale							105	6	105	6											222	2		No Short Race
Stephen Brown							100	10	100	10											220	2		No Short Race
Dale Farquhar																	110	2			112	1		No Short Race

Race 1 - Spring Handicap 5K time - 23 March 2023

Race 2 - 10K Championship - 19 March 2023

Race 3 - 20K Championship - 02 Sep 2023

Race 4 - Parish to Peel - 24 June 2023

Race 5 - Full Parish - 24 June 2023

Race 6 - Autumn Handicap 5K time - 12 October 2023

Race 7 - End-2-End to Peel - 17 September 2023

Race 8 - Full End-2-End - 17 September 2023

Race 9 - Western 10 - 08 October 2023

Race 10 - Syd Quirk Half-Marathon - 19 November 2023

(*) A Short Race (1 or 6) and a long race (4, 5,7 or 8) must be included

Handicap races on time