

## **Race Reports and Members Results October – December 2006**

### **Annual Presentation Dinner**

The dinner was held at the Masonic Hall, Douglas with a lower attendance than usual. The Chairman gave a round up of the year and the awards were presented. (*For an account of the Chairman's speech, see the third section of the newsletter, "Members contributions"*)

### **Awards**

Veterans Running shield: Winner Les Brown 2<sup>nd</sup> Alan Pilling 3<sup>rd</sup> Debby Ashe

Arthur Currie / Fred Ward Cup for Veterans Mile: Andy Fox

Sam Robinson Trophy for the 10 mile championship: Richard Radcliffe (M) Gail Griffiths (W)

Bob Skillicorn Trophy for the Veterans Autumn and Spring handicaps: Winner Gail Griffiths with 3 tying in second place, Kevin Vondy, Allan Pilling and Paul Cubbon.

Ann Brough Trophy for Autumn and Spring Walks: Ian Callister (M) Lisa Motley (W)

Track and Field league: Winners Moira Hall (W) Robbie Lambie (M) 2<sup>nd</sup> Geoff Hall

IOM Fell Runner of the Year Robb Webb

Race Walking league: Men 1. Doug Allan 2. Alan Kinvig 3. Jock Waddington  
Women 1. Marie Jackson 2. Lisa Motley 3. Sarah Goldsmith

Brian Doughty Trophy for services to the Club: Maureen Cox

### **12 October Vets Autumn handicap IOMVAC held at the NSC**

There was a slightly disappointing turnout for the run this time although the walk was better supported than in the Spring. Weather conditions were perfect and there were some excellent performances in both races.

<i>6 mile run</i>	<i>Actual times</i>	<i>5 km walk</i>	
1. Kevin Vondy	35.22	1. Robbie Lambie	26.05
2. Peter Cooper	39.36	2. Alan Kinvig	33.21
3. Gail Griffiths	40.06	3. Ian Callister	27.34
4. Wendy Ross	43.54	4. Lisa Motley	31.05
5. Stephen Brown	38.43	5. Marie Jackson	27.21
6. Mike Gellion	40.24	6. Doug Allan	28.29
7. Paul Cubbon	38.07	7. Elizabeth Adams	42.35
8. Martin Bell	47.04	8. Sarah Goldsmith	36.07
9. Alan Pilling	47.41	9. Adrian Cowin	29.54
10. Garry Ross	44.41	10. Brian Brough	37.46
11. Geoff Hall	50.26	11. Jock Waddington	26.50
12. Sue Furner	52.04	12. Brenda Charlton	38.21
13. Steve Willmott	47.56		
14. Dave Nixon	49.35		

### **15<sup>th</sup> October Manx Gas Cross Challenge round 1 organised by IOMVAC at Nobles Park**

Hurray, cross country is here again. Time to get exhausted and muddy.

There was an enthusiastic turnout for the first round which took place in good weather conditions, but problems were experienced with the skateboarding boys who thought it was funny to remove course markers (several times) and even to impede the runners when they could get away with it. I believe we may be looking for an alternative venue for next year. Gail Griffiths won the women's race in good style.

<i>Men</i>		<i>Women</i>	
8. Andy Fox	36.07	1. Gail Griffiths	30.30
13. Peter Kaneen	38.03		
17. Andy Gosnell	39.27		
26. Dave Newton	41.15	<i>Short course</i>	
30. Chris Pedley	43.32	2. Robbie Lambie	8.57
33. Les Brown	44.31	8. Adrian Cowin	11.04
		9. Doug Corkill	11.10

34. Dave Anderson	45.09	12. Debby Ashe	11.51
36. Ian Callister	45.54	13. Liz Corran	11.53
37. Paul Trees	46.17	15. Dot Watterson	13.01
39. Alan Pilling	46.29	20. Sarah Goldsmith	15.17
40. Garry Ross	46.43		
41. Stan Sille	47.45		

**15<sup>th</sup> October 1 hour novice walk organised by MH at the NSC sponsored by the Welbeck Hotel**

The 40 walkers who lined up for the one hour race were delighted to find themselves in the company of Irish walking record holder Gillian O'Sullivan, out to stretch her legs.

1. Peter Kaneen	12,436 meters
3. Jock Waddington	10,515 m
5. Chris Cale	10,247 m
13. Alan Kinvig	8,797 m
20. Jackie Bairstow	8,293 m
22. Colin Moore	8,268 m
26. Elizabeth Adams	7,990 m

**Vets in Action**

Congratulations to Sean Hands for being made Athlete of the Year, well deserved for his 2 superb wins in the summer.

Roey Crellin and Sean Hands climbed the 18,188 ft Kala Pattar in Nepal recently. So the Sloc and Ballajora will be a bit tame now. If you missed their account, it was in the Examiner on 28 November, back copies are always available at Publishing House on Peel road.

Graham Stigant completed the Hawaii Ironman Triathlon in October. See his account further on.

Dave Newton ran Thievely Pike Fell race in October and finished 155<sup>th</sup>.

New member Chis Cale ran the Dublin Marathon.

Another a new member, Bethany Clague ran the Tough Challenge half marathon in November, see her account further on.

Andy Fox and Gail Griffiths both won silver medals for their age groups at the Lancashire Cross Country Championships last weekend.

**21<sup>st</sup> October Walker Brothers winter hill run round 1 organised by MFR at Glen Roy, Laxey**

40 competitors took part in this race on a mild, dry day with the going heavy and wet underfoot.

12. Andy Gosnell	17.34	33. Les Brown	20.41
16. Allan Corran	18.39	38. Alan Pilling	23.08
18. Peter Cooper	19.07	39= Lynne Quine	26.24
24. Paul Trees	19.38	39= Dave Quine	26.24
31. Alan Bagley	20.26		

**22<sup>nd</sup> October Northern AC Cross country at Crosssags Farm, Ramsey**

There was a small entry for this event, conditions were good, but wet underfoot.

Seniors and veterans – 3 laps

3. Andy Gosnell	34.02
5. Ian Callister	36.45
8. Dougie Corkill	41.16
10. Alan Bagley	42.54

**29<sup>th</sup> October Friends Provident International winter walking league round 1 organised by Manx Harriers at the NSC**

As this was the first event of the series there was a mass start. The weather was unseasonably warm and a water station was set up to alleviate this. Peter Kaneen predictably took the first place, with Lisa Motley the first woman home.

1. Peter Kaneen	47.12	22.=Jane Mooney	67.01
2. Jock Waddington	57.04	22= Alison Brand	67.01
3. Doug Allan	59.26	29. Dave Corrin	73.57
4. Eammon Harkin	59.39	31. Clive Berriff	74.51
7. Lisa Motley	62.04	33. Brian Cowley	74.57
8. Vinny Lynch	62.15	36. Alan Pilling	76.43
9. Andrew Titley	62.34	38. Brian Brough	77.02
12. John Stubbs	65.04	40. Sarah Goldsmith	77.45

21. Gordon Corran	66.38	44. Brenda Charlton	80.23
		49. Elizabeth Adams	86.10

*5 km*

3. Enid Watson	34.38
3. Jackie Bairstow	36.25

**5<sup>th</sup> November Syd Quirk half marathon run and walk at Castletown sponsored by Haldane Fisher.**

There was a good turn out for both events and many excellent performances.

In the run, Tony Okell notched up his 5<sup>th</sup> win in a time of 1:14.51, and Murray Lambden in 7<sup>th</sup> place broke the Manx over 50s half marathon record with a time of 1:18.39. Murray also received the merit shield both for his running performance and for his work in compiling the results afterwards. The first club member home was Robbie Callister in 11<sup>th</sup> place. First woman home was the flying Gail Griffiths in 20<sup>th</sup> place. Age group winners were: Ray Shooter (M60), Wendy Ross (W45) and Sue Ackroyd (W50). Alan Pilling ran his 25<sup>th</sup> Sid Quirk.

In the walk, Club members were well to the fore contesting the lead., with Robbie Lambie finishing in 2<sup>nd</sup> place in under 2 hours and Marie Jackson 1<sup>st</sup> lady home in 3<sup>rd</sup> place overall. Only 3 competitors in the walk were not veterans, although only about 3/5 were club members.

*Run*

11. Robbie Callister	1:21.00
17. Paul Cubbon	1:28.21
20. Gail Griffiths	1:33.10
21. Phil Motley	1:34.43
22. Dave Salter	1:35.38
24. Chis Pedley	1:37.14
31. Les Brown	1:40.13
32. Garry Ross	1:40.24
34. Ray Shooter	1:40.46
35. Wendy Ross	1:40.58
38. Alan Pilling	1:44.15
51. Debby Ashe	1:53.16
52. Steve Willmott	1:53.32
53. Tony Lever	1:54.35
56. Dave Tasker	2:01.02
57. Lynne Quine	2:01.49
59. Sue Furner	2:05.50
60. Dave Quine	2:09.13
61. Sue Ackroyd	2:12.27
62. Ingrid Sugden	2:18.06

*Walk*

2. Robbie Lambie	1:59.04
3. Marie Jackson	2:04.02
4. Jock Waddington	2:04.38
5. Doug Allan	2:09.50
9= Ian Callister	2:18.29
9= Lisa Motley	2:18.29
11. Brian Goldsmith	2:19.16
12. John Stubbs	2:23.15
14. Jane Mooney	2:24.39
15. Gordon Corran	2:28.05
22. Colin Moore	2:36.57
27. Sarah Goldsmith	2:49.31
28. Brian Brough	2:52.51
37 Elizabeth Adams	3:13.14

**9<sup>th</sup> November Ramsey Bakery Fireman's run round 2 NAC at Ramsey Fire Station**

62 enthusiastic runners turned out for the second run on a dry and mild night. This was the first handicapped run, although in the one lap a lot of newcomers had to be slotted in approximately.

*Three lap*

4. Chris Pedley	33.43
8. Steve Willmott	39.11
9. Wendy Ross	35.44
11. Paul Cubbon	30.19
16. Alan Pilling	39.40
17. Mike Gellion	31.26
21. Garry Ross	35.20
23. Dave Corrin	35.14
29. Martin Bell	37.13
30. Lesley Christian	42.48
32. Eddie Brew	44.17
33. Ian Callister	39.34

*One lap*

12. Chris Cale	9.42
18. Maureen Kelly	16.21
19. Sarah goldsmith	16.22
24. Ingrid Sugden	15.52
26. Sue Ackroyd	14.25

**12<sup>th</sup> November Manx Gas Cross challenge round 2 IOMAA Port St Mary Golf course**

This was the second round of the Cross challenge and the weather was dry and the going good, but the wind was fairly strong, as is usual on that piece of coastline. There was a good turn out of athletes of all ages.

**Men**

9. Andy Fox	27.25
10. Peter Kaneen	27.31
22. Chris Cale	30.52
27. Mike Gellion	32.07
28. Peter Cooper	32.20
29. Chris Pedley	32.29
30. Phil Motley	32.37
32. Ian Callister	33.31
33. Paul Trees	33.46
36. Garry Ross	35.04
37. Alan Pilling	35.13
38. Stan Sille	35.20
40. Doug Corkill	35.43

**Women**

3. Bridget Kaneen	28.15
4. Wendy Ross	28.30
7. Bethany Clague	31.56

**Short Course**

1. Robbie Lambie	11.10
6. Marie Jackson	14.33
8. Liz Corran	15.06
13. Dot Watterson	16.45
16. Sarah Goldsmith	19.14

**18<sup>th</sup> November Walker Bros Winter Hill League round 2 at Peel Hill**

19. Allan Corran	25.06
20. Peter Cooper	25.35
25. Paul Trees	26.21
28. Alan Bagley	27.58
29. Bridget Kaneen	28.04 2 <sup>nd</sup> woman
33. Christine Barwell	28.48
37. Alan Pilling	31.10
39. Lynne Quine	32.04
40. Dave Quine	33.20

**19<sup>th</sup> November Friends Provident International winter walking league round 2 held at Andreas organised by Manx Harriers**

Walkers benefited from a lucky break in the weather to try out their new handicaps at the popular Andreas course. 48 competed in the 10k and only 4 in the 5k, which was won by Enid Watson. Brian Brough had celebrated his 70<sup>th</sup> birthday the day before and was presented with a card and a bottle of champagne by the IOMVAC.

**10 km**

**Actual times**

7. Sarah Goldsmith	73.46	31. Gordon Corran	66.17
10= Dave Corrin	70.38	33. Lisa Motley	61.34
13. Chris Cale	56.39	34. Doug Allan	58.59
15. Jock Waddington	54.27	35=Brenda Charlton	79.59
16=Jane Mooney	65.20	37. Peter Kaneen	46.51
19. John Stubbs	63.06	42. Alan Pilling	77.16
20. Clive Berriff	73.13	46. John Cannell	69.27
21. Brian Goldsmith	63.07	48. Alan Kinvig	70.52
28. Brian Brough	75.29		

**5 km**

1. Enid Watson	32.41
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**7<sup>th</sup> December Ramsey Bakery Firemans' Run round 3 at Ramsey Fire Station organised by NAC**

**3 lap**

**Actual times**

2. Phil Motley	33.28
3. Stephen Brown	31.59
4. Chris Pedley	33.16
5. Mike Gellion	32.09
13. Paul Cubbon	30.53
14. Dave Corrin	35.37
15. Ian Callister	40.22
17. Martin Bell	37.47
19. Steve Willmott	40.20
22. Alan Pilling	40.48

**1 lap**

16. Kevin Vondy	9.31
19. Sue Ackroyd	14.53
20. Stan Hall	13.18
21. Chris Cale	10.18

Kevin Vondy was the fastest man on the one lap on a wet and windy night.

### 10<sup>th</sup> December Manx Gas Cross challenge round 3 at Crossags Farm organised by NAC

The wild weather caused a reduction in numbers for this normally popular course.

#### Senior men

13. Dave Newton	37.19
19. Alan Pilling	43.30
20. Gary Ross	44.12
21. Jock Waddington	44.36
22. Doug Corkill	44.41

#### Senior Women

2. Wendy Ross	30.11
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### 16<sup>th</sup> December winter hill run round 3 MFR Slieau Whallian

This was the final of the three winter hill races, over the course which was first used last winter. The ground was very slippery and muddy because of all the rain in the preceding weeks.

21. Paul Trees	26.01
23. Ian Callister	26.34
28. Bridget Kaneen	27.44
31. Alan Bagley	28.51
32. Christine Barwell	29.19
33. Gareth Evans	30.58
34. David Quine	31.25
35. Lynne Quine	32.17

#### Winter hill series final places

12. Paul Trees	1:11.45
14. Alan Bagley	1:17.15
16. Lynne Quine	1:30.45
17. Dave Quine	1:31.09

Alan Bagley has been awarded the Walter Kenneagh Trophy for achievement in fell and hill running.

### 17<sup>th</sup> December FPI winter walking league round 3 at St Johns organised by Manx Harriers

Father Christmas and his walking buddies were out in force on this fine morning. Marie Jackson produced the fastest female performance with 55.45 and Peter Kaneen was the fastest male with 47.05. Wendy Ross returned to walk with Miranda Brennan in the 5 km. Enid Watson again won the 5 km race. The race was followed by the Christmas buffet and raffle in St Johns Football clubhouse.

#### 10 km

#### Actual times

3. Alan Kinvig	67.43	27. Jock Waddington	54.02
4. Andrew Tittle	60.06	29. John Stubbs	62.56
7. Clive Berriff	71.22	32. Peter Kaneen	47.05
10. Gordon Corran	64.37	33. Alan Pilling	77.01
13. Brian Goldsmith	61.06	36. Brian Brough	76.06
14. Alison Brand	65.28	37. Brenda Charlton	81.08
15. Dave Corrin	69.06	40. Doug Corkill	67.35
16. Jane Mooney	63.53		
18. John Cannell	68.13		
20. Chris Cale	55.34		
21. Marie Jackson	55.48		
24. Sarah Goldsmith	73.05		

#### 5 km

1. Enid Watson	31.12
3. Wendy Ross	40.03
7. Ian Callister	30.47

### 26<sup>th</sup> December Mann & Partners Millennium way relay race at Skye Hill

Conditions underfoot were drier than expected thanks to a spell of high pressure during the preceding week. There was a bit of fog to start with, but the day stayed dry and most teams enjoyed themselves. On the 1<sup>st</sup> leg, Andy Fox was the fastest man, and Christine Barwell was the fastest lady, while Gail Griffiths was the fastest lady on the 4<sup>th</sup> leg. My friends and I caused the organisers great consternation by entering a veteran ladies team which promised to be so slow that it would have to start in the dark (and probably finish in it too). The pre-race favourites, Cain Army, won in the end on handicap, so not a good day for the bookies, if there were any. The following are members times:

#### Leg 1

Andy Fox	<i>Shimox United</i>	57.32
Christine Barwell	<i>Four Jingle Belles</i>	1:34.40
Enid Watson	<i>Watson the other side of the Hill</i>	1:45
Bridget Kaneen	<i>Vel Aagherrid Ayn?</i>	1:48.21
Ian Callister	<i>Mince Pie Eaters</i>	1:15.45
Dave Newton	<i>Newton's Ass. Nuts</i>	1:11.15

#### Leg 3

Sue Ackroyd	<i>Leftover turkeys &amp; Xmas Cracker</i>	42.35
Lesley Christian	<i>Watson etc</i>	36.00
Dave Corrin	<i>Mince Pie Eaters</i>	32.15

#### Leg 2

Les Brown	<i>Dainty Gollies</i>	46.09
Alan Kinvig	<i>Watson etc</i>	72:00
Peter Kaneen	<i>Vel etc</i>	38.39
Alan Gault	<i>Mince Pie Eaters</i>	57.15

#### Leg 4

Gail Griffiths	<i>Dainty Gollies</i>	44.58
Rob Gillanders	<i>Leftovers etc</i>	43.19
Debby Ashe	<i>4 Jingle bells</i>	49.38
Sarah Goldsmith	<i>Watson etc</i>	65.01