THE ISLE OF MAN VETERAN ATHLETES' CLUB

CONSTITUTION

RULES OF THE CLUB

(In this document, any pronoun used will be for convenience sake and will be deemed to include all pronouns)

1. The name of the Club is THE ISLE OF MAN VETERAN ATHLETES' CLUB

2. The postal address of the Association shall be the address of the incumbent Honorary Secretary or other nominated official of the Club.

3. The Club shall be affiliated to the Northern Counties Athletic Association, the Isle of Man Athletic Association and the British Masters' Athletic Federation.

4. The Objectives for which the Club is established are the encouragement, promotion and development of Amateur Athletics in the Isle of Man among Veteran men and women as defined in Rule 7 hereof.

In order to further the above named objectives, the Club may:

(a) promote and organise, or assist in promoting and organising the holding of Amateur Athletic meetings, championships, competitions, demonstrations and events;

(b) give prizes, medals and other awards and obtain, collect and receive money and funds by way of contributions, donations, subscriptions, legacies, grants or any other lawful method, and accept and receive gifts of property of any description; and

(c) do all such other things which may lawfully be done and are incidental or conducive to the attainment of all or any of the objectives of the Club.

As an affiliate of the British Masters' Athletic Federation, the Club shall maintain a Register of Veteran Athletes; the name of every Full Member of the Club shall be entered in such register and the name of no other person shall be entered therein.

5. The income and property of the Club, whencesoever derived, shall be applied solely towards the promotion of the objectives of the Club as set forth in these Rules, and no portion thereof shall be paid or transferred, directly or indirectly, by way of dividend, bonus or otherwise howsoever by way of profit, to the Members of the Club.

Provided that nothing herein shall prevent the payment, in good faith, of reasonable and proper remuneration to any officer or servant of the Club or to any member of the Club in return for any services actually rendered to the Club.

6. If, upon the winding up or dissolution of the Club, there remains, after the satisfaction of all its debts and liabilities, any property whatsoever, the same shall not be paid to or distributed among members of the Club, but shall be given or transferred to some other institution or institutions having objectives similar to those of the Club, and which shall prohibit the distribution of its or their income and property among its or their members to an extent at least as great as is imposed on the Club under or by virtue of Rule 5 hereof.

7. Membership of the Club shall be open to all men and women over the age of 35 years who are Amateurs as defined under AAA laws.

There shall be three classes of membership, namely:

(a) Full Members, who shall be persons qualified by age as aforesaid and who have paid such membership subscription as may from time to time be prescribed by the Executive Committee subject to the approval of the Club in General Meeting.

(b) Honorary Life Members, who shall have been elected to that class of membership by a General Meeting of the Club, and who shall have the rights and privileges of Full Membership other than that of voting at General Meetings of the Club; and

(c) Social Members, who shall be persons who are not active in Veteran Athletic competition and who have paid such subscription as may from time to time be prescribed by the Executive Committee for that class of membership.

The name of any Full Member of the Club shall not be removed from the Register of Veteran Athletes solely by reason of his election as an Honorary Life Member.

8. Membership of the Club shall be terminated in the following circumstances:

(a) if the member is declared to be suspended or disqualified under AAA Laws from competing as an Amateur; or

(b) in circumstances arising from Rule 9 hereof; or

(c) in accordance with a written notice of resignation submitted by the member to the Club.

9. The Executive Committee shall have the power to expel any member whose subscription is six months in arrears.

GENERAL MEETINGS

10. A General Meeting of the Club shall be held in each calendar year during the month of January, February or March. Such a General Meeting shall be called an Annual General Meeting. All other General Meetings shall be called Extraordinary General Meetings.

11. The Executive Committee may, whenever it thinks fit, convene an Extraordinary General Meeting, and it shall forthwith convene such a meeting on the requisition of not less than ten Full Members of the Club and, in the case of such requisition, the following provisions shall have effect:

(a) The requisition shall state the objects of the meeting and shall be signed by all of the requisitionists aforesaid and be deposited with the Honorary Secretary of the Club

If the Executive Committee does not within twenty-one days from the date of deposit of the requisition proceed duly to convene a General Meeting of the Club, the requisitionist may convene the meeting, but any meeting so convened shall not be held after three months from the date of such deposit

(b) Any meeting convened under this Rule by the requisitionists aforesaid shall be convened in the same manner as nearly as possible as that in which meetings are to be convened by the Executive Committee.

12. Twenty-one clear days' notice at least of every Annual General Meeting, and fourteen clear days' notice at least of every other General Meeting, specifying the place, day and hour of meeting, and, in the case of special business, the general nature of such business, shall be given by one or more of the following means:

(a) a notice published in a newspaper in general circulation in the Isle of Man;

(b) a notice published in the Club's Newsletter, Website and Facebook page;

(c) a notice in writing sent to the last known address of every member by pre-paid postal delivery.

(d) an email sent to each member's nominated email address

Every notice convening a General Meeting of the Club shall describe the meeting as either an Annual General Meeting or an Extraordinary General Meeting as the case may be. The accidental omission to give notice of a meeting to, or the non-receipt of such notice by, any member shall not invalidate the proceedings or any resolution passed at any meeting.

In the case of an Annual General Meeting, the notice convening the meeting shall be accompanied by a copy of the names of any persons nominated to serve as President, Chairman, Honorary Secretary, Honorary Treasurer and Members of the Executive Committee for the ensuing year.

13. Candidates for the offices of President, Chairman, Honorary Secretary, Honorary Treasurer and Members of the Executive Committee for the ensuing year, to be filled at the next Annual General Meeting, may be nominated by the Executive Committee or proposed by not less than two Full Members of the Club. Every such nomination by members of the Club shall be delivered to the Honorary Secretary on or before the Annual General Meeting.

14. Every motion to be placed on the Agenda for an Annual General Meeting shall be sent in writing to the Honorary Secretary of the Club so as to be received by him on or before 14 days prior to the Annual General Meeting and shall be signed by not less than two Full Members of the Club.

PROCEEDINGS AT GENERAL MEETINGS

15. The business of an Annual General Meeting shall be:

(a) to approve the Minutes of the previous Annual General Meeting, and the Minutes of any Extraordinary General Meeting which have not hitherto been approved by a General Meeting;

(b) to receive and consider the Reports of the Chairperson and Honorary Treasurer;

(c) to elect the President, Chairman, Honorary Secretary and Honorary Treasurer to hold office for the ensuing year;

(d) to elect up to twelve other persons from among the membership to serve as members of the Executive Committee for the ensuing year; one (or more) such member(s) to be designated as Membership Secretary;

(e) to transact any other business of which notice has been given in the notice convening the meeting

All business transacted at an Annual General Meeting under (e) above and all business transacted at an Extraordinary General Meeting shall be deemed special business.

No business shall be transacted at any General Meeting unless a quorum is present. Save as herein otherwise provided, the quorum shall be ten members personally present and entitled to vote.

16. If, within half an hour after the time appointed for the holding of a General Meeting, a quorum is not present, the meeting, if convened on the requisition of members, shall be dissolved. In any other case, it shall stand adjourned to such time and place as the Chairman shall appoint and, if at such adjourned meeting a quorum is not present within half an hour after the time appointed for holding the meeting, the members present shall be a quorum and may transact the business for which the meeting was called.

17. The Chairman of the Club, if present, shall preside at every General Meeting but, if at any meeting he shall not be present within five minutes after the time appointed for holding the same, the members present shall choose some member of the Club who shall be present to preside.

18. The Chairman of a General Meeting may, with the consent of the meeting, adjourn the same from time to time and from place to place, but no business shall be transacted at any adjourned meeting other than the business left unfinished at the meeting from which the adjournment took place.

VOTING AT GENERAL MEETINGS

19. At any General Meeting, every question put to the meeting shall be decided on a show of hands unless, before or upon the declaration of the result of the show of hands, a poll be directed by the Chairman or demanded by not less than five members present and entitled to vote, and unless a poll be so directed or demanded, a declaration by the Chairman of the meeting that a resolution has been carried or not carried, as the case may be, shall be conclusive evidence thereof, without proof of the number or proportion of the vote recorded in favour of or against that resolution.

20. Every Full Member present at the meeting shall be entitled to one vote, provided that, in the case of an equality of votes, whether on a show of hands or on a poll, the Chairman of the meeting shall be entitled to a second or casting vote.

21. No objection shall be raised to the qualification of any voter except at the meeting or adjourned meeting at which the vote objected to is given or tendered, and every vote not disallowed at such meeting shall be valid for all purposes. Any such objection made in due time shall be referred to the Chairman of the meeting, whose decision shall be final and conclusive.

PRESIDENT

22. The Club shall have the power to appoint any person as President of the Club. The President shall be elected at an Annual General Meeting and shall be entitled to hold such position until the next ensuing Annual General Meeting, when he shall be eligible for re-election.

OFFICERS

23. The Officers of the Club shall consist of the President, the Chairman, the Honorary Secretary and the Honorary Treasurer, all of whom, with the exception of the President, shall be members of the Club. The Officers shall be elected by the Club in Annual General Meeting and shall hold office until the conclusion of the Annual General Meeting in the next ensuing year.

EXECUTIVE COMMITTEE

24. There shall be a committee called the Executive Committee to manage the business of the Club.

25. Subject as hereunder, the Executive Committee shall comprise:

(a) the Chairman;

(b) the Honorary Secretary;

(c) the Honorary Treasurer; and

(d) up to twelve other persons elected from among the membership of the Club at an Annual General Meeting, one (or more) such member(s) to be designated as Membership Secretary

26. The Executive Committee may act notwithstanding any vacancy within its body. Subject as aforesaid, the Executive Committee may fill any casual vacancy occurring among its members, and any person appointed to fill such casual vacancy shall hold office until the conclusion of the next Annual General Meeting.

27. Any member of the Executive Committee shall vacate office if he ceases to be a member of the Club or if he resigns his office by notice in writing to the Club.

PROCEEDINGS OF THE EXECUTIVE COMMITTEE

28. The Executive Committee may, subject as hereinafter provided, meet together for the despatch of business, adjourn or otherwise, regulate its meetings as it thinks fit. Six members of the Executive Committee shall be a quorum.

29. Ordinary Meetings of the Executive Committee shall be held as and when the Officers of the Club shall determine, provided that at least four Ordinary Meetings are held in each calendar year.

30. In addition to the aforementioned meetings, Extraordinary Meetings of the Executive Committee may be convened by the Honorary Secretary at his discretion, and shall be convened by him within twenty-one days of receipt by him of a requisition in writing signed by not less than six members of the Executive

Committee. Every such requisition shall state the purposes for which the meeting is to be convened.

31. Seven clear days notice of all such meetings as aforesaid shall be given by the Honorary Secretary to every member of the Executive Committee by notice in writing sent to every such member by email or by pre- paid postal delivery. Such notice shall specify the place, date and hour of meeting, and the business to be transacted thereat.

32. The Chairman, if present, shall preside at all meetings of the Executive Committee. If the Chairman be absent from any meeting, the members present shall choose one of their number to take the Chair.

33. The Executive Committee may, subject to the provisions of these Rules, delegate any of its powers to sub-committees, each such sub-committee consisting of such member or members of the Executive Committee and/or such other person or persons, as the Executive Committee shall think fit.

34. The meetings and proceedings of any Sub-Committee of the Executive Committee shall be governed by the provisions prescribed by or pursuant to these Rules for regulating the meetings and proceedings of the Executive Committee so far as the same are applicable thereto.

35. All acts done at any meeting of the Executive Committee or of any Sub-Committee of the Executive Committee or by any person acting as a member of the Executive Committee or of such Sub-Committee shall, notwithstanding that it shall afterwards be discovered that there was some defect in the appointment of such member of the Executive Committee or of the Sub-Committee, or person acting as aforesaid, or that they or any of them were disqualified, be as valid as if every such person had been duly appointed and was qualified to be a member of the Executive Committee or of such Sub-Committee.

36. A resolution in writing signed by all the members of the Executive Committee shall be as valid and effectual as if it had been passed at a meeting of the Executive Committee duly called and constituted.

MINUTES

37. The Executive Committee shall cause minutes to be duly kept:

(a) of all appointments of officers;

(b) of the names of members of the Executive Committee present

at each meeting of the Executive Committee and where possible of any Sub-Committee of the Executive Committee;

(c) of all resolutions and proceedings of General Meetings of the Club, and of meetings of the Executive Committee and Sub-Committees of the Executive Committee;

and any such minutes of any meetings aforesaid, if purporting to be signed by the Chairman of such meeting or by the Chairman of the next succeeding meeting, shall be receivable as prima facie evidence of the matters stated in such minutes.

ACCOUNTS

38. The Executive Committee shall cause such accounts to be kept with respect to:

(a) all sums of money received and expended by the Club and the matters in respect of which receipts and expenditure took place;

(b) all sales and purchases of goods by the Club; and

(c) the assets and liabilities of the Club as are necessary to give a true and accurate view of the Club's affairs and to explain its transactions.

39. The books of account shall be kept by the Honorary Treasurer at such place as the Executive Committee shall think fit, and shall be open to the inspection of any member or members of the Executive Committee at all reasonable hours.

40. At the Annual General Meeting in any year, the Executive Committee shall lay before the Club an income and expenditure account for the period since the last preceding account, made up to a date not more than six months before such meeting, together with a balance sheet made up to the same date. Every such account and balance sheet shall be accompanied by a Report by a properly qualified Auditor certifying the correctness of the income and expenditure account and balance sheet.

41. Copies of all such documents as in Rule 40 hereof shall, by request, not less than fourteen clear days before the date of the Annual General Meeting, be made available to every member of the Club .

42. All payments drawn on the account of the Club shall be authorised by any two of the following; namely the Chairman, the Honorary Secretary and the Honorary Treasurer.

43. No Rule may be amended, added to or deleted except at an Annual General Meeting or an Extraordinary General Meeting called for that purpose, and then only by a two-thirds majority of those present and voting.

Any amendment to these Rules to be proposed at an Annual General Meeting must be forwarded in writing to the Honorary Secretary of the Club so as to be received by him not later than14 days before the Annual General Meeting and shall be signed by not less than two Full Members of the Club.

44. Any matter not provided for in these Rules shall be dealt with by the Executive Committee, but the Executive Committee shall have no power to delegate the authority conferred upon it under this Rule.

February 2026 summary of proposed Changes

- We have removed the need to have a named auditor proposed at General meetings, made to paragraphs 12, 13, 15
    - Increased the executive to up to 12 members from 6
    - Included a nominated Membership secretary.
    - Increased an executive meeting quorum from 4 to 6.
    - Documents are no longer being sent to members of the club, but will be made available to the members.