Health and Safety Policy

Policy Statement

The Isle of Man Veteran Athletes' Club ("the Club") is committed to providing a safe and healthy environment for all athletes, members, volunteers, officials, spectators, contractors, and visitors participating in or attending Club activities.

The Club recognises its responsibility to take all reasonably practicable steps to prevent injury, illness, damage, or loss arising from its activities and to promote a positive culture of health, safety, and wellbeing.

The Club will:
• Take reasonable steps to provide safe events, training sessions, meetings, and activities.
• Identify hazards and assess risks associated with Club activities.
• Implement appropriate control measures to reduce risks to an acceptable level.
• Provide suitable information, instruction, and guidance to participants, volunteers, officials, and helpers.
• Ensure that appropriate emergency procedures are in place for Club activities and events.
• Provide appropriate high-visibility clothing where required.
• Maintain suitable first aid arrangements.
• Investigate incidents, accidents, and near misses where appropriate.
• Review health and safety arrangements regularly and following any significant incident.

Scope

This policy applies to members, athletes, coaches, volunteers, officials, contractors, spectators and visitors and covers training sessions, athletic events, road races, meetings, social events and activities undertaken on behalf of the Club.

Responsibilities

Club Committee: Promote a positive health and safety culture, ensure adequate resources, review this policy and monitor compliance.

Race Director/Event Director: Prepare event-specific risk assessments, implement controls, brief volunteers, ensure emergency arrangements are in place and record incidents.

Coaches and Officials: Conduct activities safely, monitor participants and report hazards or incidents.

Volunteers and Marshals: Follow instructions, wear high-visibility clothing where required and

report concerns.

Members and Participants: Take reasonable care for their own safety and the safety of others, follow instructions and report hazards or incidents.

Risk Assessment

The Club will undertake suitable and sufficient risk assessments for events and activities where appropriate. Assessments will identify hazards, evaluate risks, identify control measures and be reviewed periodically.

First Aid and Medical Provision

The Club will ensure suitable first aid arrangements are in place for organised events, provide access to trained first aid personnel where appropriate and record incidents requiring medical treatment.

Emergency Procedures

The Club will maintain emergency response procedures, ensure key officials understand escalation procedures and liaise with emergency services where necessary.

Incident Reporting

All accidents, injuries, dangerous occurrences and near misses should be reported promptly. The Club will record and investigate significant incidents and implement lessons learned.

Welfare and Safeguarding

The Club recognises that health and safety includes the welfare of vulnerable adults. All members must comply with the Club's safeguarding policies and procedures.

Equipment and Facilities

The Club will take reasonable steps to ensure equipment is fit for purpose and facilities are safe. Defective equipment should be reported and removed from use until repaired or replaced.

Review

This policy will be reviewed annually by the Club Committee or sooner if required following significant changes, guidance updates or serious incidents.